



# STADIA SPORTS MEDICINE PC

6000 UNIVERSITY AVENUE, SUITE 250  
WEST DES MOINES, IA 50266

## CONTACT

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## PARTIAL LISTING OF SERVICES:

### SPORTS MEDICINE MD SERVICES:

Office-based orthopedic injury care

Stress fracture management

In-office diagnostic ultrasound

Ultrasound-guided injection therapy

TENEX tenotomy for chronic tendon pain

Platelet-rich plasma (PRP) treatment

Prolotherapy

Diagnosis and management of exercise-

induced asthma

Exercise testing and compartment

syndrome

Exercise testing for athletic training

thresholds

Custom orthotics

### PHYSICAL THERAPY SERVICES:

Manual techniques & functional training

Neuromuscular re-education

Certified ASTYM Providers

Functional Dry Needling (FDN)

### M.D. REFERRAL CONSULTATION

CHAD T. CARLSON, MD NPI: 1326008368

### PHYSICAL THERAPY REFERRAL

DETLEF MALTAS, DPT NPI: 1841595535

TO EXPEDITE SCHEDULING, PLEASE INCLUDE PATIENT DEMOGRAPHIC AND INSURANCE INFORMATION AS WELL AS PATIENT HISTORY OR RECENT NOTES.

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

• Diagnosis: \_\_\_\_\_

• Special Instructions or Reason for Referral:

\_\_\_\_\_  
\_\_\_\_\_

### REFERRING PROVIDER INFO:

Referring Clinic/ Facility: \_\_\_\_\_

Provider Name (Printed): \_\_\_\_\_

\_\_\_\_\_  
Provider Signature

\_\_\_\_\_  
Date

### ADDITIONAL INFO:

PA #: \_\_\_\_\_

Work Comp/ Auto Insurance:

Company: \_\_\_\_\_

Adjuster Name: \_\_\_\_\_

Contact Phone: \_\_\_\_\_